

Appointment Guide 預約指引

Please make appointment directly with clinic by WhatsApp, email or phone. For cancellation of appointment, please inform the medical center at least 1 day in advance. 請直接與醫務中心以 WhatsApp 或電郵或電話預約。如取消預約，請最少於一天前通知有關醫務所。

Kindly state the following when making appointment via WhatsApp, email or phone 透過 WhatsApp、電子郵件或電話預約時，請提供以下資料：

- Company Code: CUSA01, Class P / CUTA01, Class P
- Full Name of Examinee 你的姓名:
- Contact Phone No. 聯絡電話:
- Health Check Code (Plan A – MEX VIO227 / Plan B – MEX VIO228 / Plan C – MEX VIO229 / Plan D – MEX VIO230 / Plan E – MEX VIO231) and optional tests (if required) 體檢編號及附加檢查 (如有)
- 2 preferred date of appointment 2 個首選日期

Then, the clinic staff will coordinate with the Examinee within 2 working days 診所職員將於兩個工作天內聯絡檢查者

Points to Note Prior to Health Screening 檢查前注意事項

- Examinees are required to fast for at least 8 hours before the blood draw. No food or drinks shall be consumed except for sips of water. 抽血前請空腹最少 8 小時，不可進食及飲料，只可飲少量清水。
- For eyesight test, please bring along your usual glasses or the lens case and solution if you are wearing contact lens. 進行視力測試，請帶備眼鏡；如配戴隱形眼鏡，請帶備隱形眼鏡藥水和鏡片儲存盒。
- Female examinees prefer to take health check NOT during the menstruation period. 女性應避免於月經期間接受身體檢查。
- Female examinee who is pregnant or suspected to be pregnant is not suitable to take X-ray. 已懷孕或懷疑已懷孕的女性應避免接受 X 光檢查。

Health Screening Procedure 健康檢查程序

1st Visit 第一次到訪

- Completion of all nursing procedures & investigations. 所有檢查項目將於第 1 次到診時完成。
- The Examinees are required to make an appointment for the 2nd visit before leaving the clinic. The 2nd visit shall be completed within 3 months after the 1st visit. 請在離開醫務所前預約第 2 次到診時間。第 2 次到診應在第 1 次到診後的 3 個月內完成。

2nd Visit 第二次到訪

- Procedures completed by doctor 第 2 次到診，醫生將完成下列各項程序：
 - Physical Examination 體格檢查
 - Explanation of medical report & follow-up consultation 解釋化驗報告及跟進會診

Medical Examination Report 體格檢查報告

The Medical Examination Report will be sent to the respective Examinee by mail within 14 working days after completing the examination. 體格檢查報告將於完成所有檢查後的 14 個工作天內郵寄予受檢者。

About Dr. Vio & Partners Limited 關於韋予力醫生醫務所有限公司

Established in 1947, we are committed to providing high-quality medical services. We believe that knowledge is empowerment. By advocating disease preventive healthcare, this can help raise awareness of adopting better, well-informed lifestyle choices. Hence, it creates a healthier community.

成立於 1947 年，我們致力為客戶提供高質素的醫療服務。我們亦提倡以預防保健來實踐健康身體，深信宣揚醫療知識將有效提高人們對疾病的認知，從而幫助創造一個更健康的社會。



Core Medical Centers 醫務中心地址

Dr. Vio Central Clinic

Unit 1006, 10/F, Worldwide House, 19 Des Voeux Road Central, Central.
Mon- Fri: 9:00 a.m. – 6:00 p.m. **WhatsApp: 5545-3674**
Sat: 9:00 a.m. – 12:30 p.m. **☎ 2890-2222**
✉ Central.physical@drvio.com.hk

Dr. Vio TST Clinic

10/F., Kaiseng Commercial Building, 4-6 Hankow Road, Tsimshatsui.
Mon- Fri: 9:00 a.m. – 6:00 p.m. **WhatsApp: 5545-4604**
Sat: 9:00 a.m. – 12:30 p.m. **☎ 2369-3329**
✉ Tst.physical@drvio.com.hk

Dr. Vio Tsuen Wan Clinic

Unit 712, 7/F., Nan Fung Centre, 264-298 Castle Peak Road, Tsuen Wan. (near Tsuen Wan MTR station)
Mon- Fri: 9:00 a.m. – 5:45 p.m. **WhatsApp: 5545-1564**
Sat: 9:00 a.m. – 12:45 p.m. **☎ 2415-6777**
✉ Tw.recep@drvio.com.hk

Dr. Vio Shatin Clinic

Shop 217, 2nd Floor, Citylink Plaza, Shatin. (Atop of MTR Shatin Station, go straight up the elevator at the North Lobby on the first floor of the Food Plaza)
Mon- Fri: 9:00 a.m. – 5:45 p.m. & **WhatsApp: 4612-9712**
Sat: 9:00 a.m. – 12:45 p.m. **☎ 2360-5755**
✉ Shain.clinic@drvio.com.hk

Staff Association of CUHK (“CUSA”)

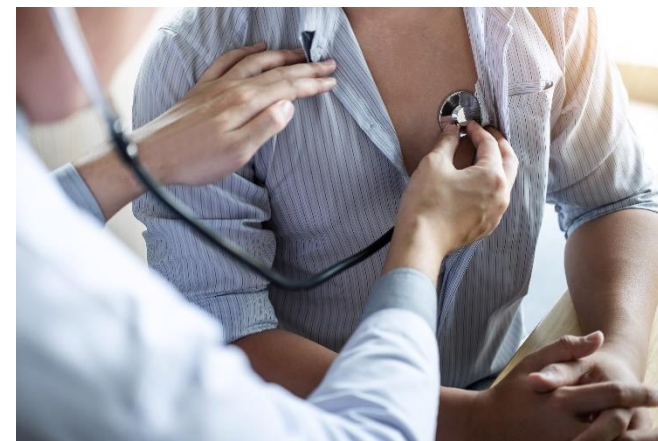
(VIO Company Code: CUSA01)

Teachers’ Association of CUHK (“CUTA”)

(VIO Company Code: CUTA01)

Self-paid Health Check Leaflet 2026 體格檢查使用者指南 2026

Validity 有效期: 1 Mar 2026 to 28 Feb 2027 (12 months)



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Physical Health Check 體格檢查

Investigations 檢查部份		Purposes 檢查目的	Plan A	Plan B	Plan C	Plan D	Plan E
			below 50	over 50 Male	over 50 Female	over 60 Male	over 60 Female
			MEX VIO227	MEX VIO228	MEX VIO229	MEX VIO230	MEX VIO231
			\$1,060	\$1,805	\$1,590	\$1,910	\$1,720
Detailed Medical History 詳細病歷資料		To review the past medical history. 了解過往健康情況	✓	✓	✓	✓	✓
Supplementary Health Questionnaire 附加健康問卷 - Stress And Basic Mental Health 壓力及心智健康狀況		To review the stress and basic mental health. 了解壓力及心智健康情況	✓	✓	✓	✓	✓
Physical Examination by Doctor 體格檢查		Complete physical examination. 由醫生全面檢查身體	✓	✓	✓	✓	✓
Height and Weight 高度、體重		To identify the weight problems. 了解身體是否有體重問題	✓	✓	✓	✓	✓
Blood Pressure and Pulse 血壓、脈搏		To identify the blood pressure problems. 了解身體是否有血壓問題	✓	✓	✓	✓	✓
Eyesight Test and Color Vision 視力及辨色測試		To identify the eyesight problems. 檢查視力及辨色能力是否正常	✓	✓	✓	✓	✓
Waist Measurement 腰圍		To identify weight problems. 了解身體是否有體重問題	✓	✓	✓	✓	✓
Chest X-ray 胸肺 X 光		To detect abnormal shadow e.g.: tuberculosis or tumour. 查出如肺結核的不正常陰影	✓	✓	✓	✓	✓
ECG 心電圖		To detect coronary heart disease. 冠心病等疾病測試	✓	✓	✓	✓	✓
Laboratory Investigations 化驗項目		Purposes 檢查目的					
Blood Profile 血液檢查	Complete Blood Count (CBC) (with 5 parts differential count) 全血球計數 (5 分類)	To identify the risk of Anaemia, abnormal white cell counts or some other blood disorders. 可了解身體有否貧血、白血球過多或過少、以及血液病的可能性	✓	✓	✓	✓	✓
	Liver Function 肝臟功能	SGPT/ALT 谷丙轉氨酵素 Alk. Phosphatase 鹼性磷酸酵素	✓	✓	✓	✓	✓
Diabetes Screening 糖尿病	Fasting Blood Glucose 血糖	To check for Diabetes Mellitus or low blood sugar. 主要是檢查糖尿病和一些低血糖的疾病，如胰島素過多	✓	✓	✓	✓	✓
	Cholesterol Total 總膽固醇	To check cholesterol level. High cholesterol may lead to atherosclerosis, stroke and coronary heart disease. 測定血液內脂肪含量的指標，長期偏高，則有可能發生動脈硬化、中風及冠心病	✓	✓	✓	✓	✓
Cardiovascular System 冠心病率檢查	Cholesterol, HDL 高密度膽固醇		✓	✓	✓	✓	✓
	Cholesterol, LDL (Indirect) 低密度膽固醇(間接)		✓	✓	✓	✓	✓
	Triglycerides 三酸甘油脂		✓	✓	✓	✓	✓
Gout Screening 痛風症檢查	Uric Acid 尿酸	To check uric acid level. Increased uric acid level may lead to gouty arthritis, joint pain and deformity. 若長期尿酸偏高，則可能引起痛風症而導致關節疼痛及變形	✓	✓	✓	✓	✓
	Urine Routine 小便常規	To identify the risk of kidney function disorder, urinary tract and infection. 可了解尿中有否蛋白、糖、血尿、尿道炎及膀胱炎等症狀	✓	✓	✓	✓	✓
Renal System 腎臟功能	Creatinine 肌酸酐	To check kidney function. 測試腎功能的指標	✓	✓	✓	✓	✓
	Urea = Urate 尿素		✓	✓	✓	✓	✓
Thyroid Gland 甲狀腺功能	T4 甲狀腺素	To identify thyroid diseases, e.g., hyper- or hypo-thyroidism. 可測試甲狀腺分泌功能不調所致的疾病	✓	✓	✓	✓	✓
Cancer Marker 癌症指標	PSA (Male) 前列腺癌抗原 (男性)	To identify the risk of prostate cancer. 檢驗是否患有前列腺癌的可能	✓	✓	✓	✓	✓
	Stool Routine (ova & parasites) 大便常規檢查(蟲卵)	To check for ova and parasites. 檢查糞便中是否有蟲卵，寄生蟲等	✓	✓	✓	✓	✓
Stool 大便	Stool Occult Blood 大便隱血	To identify intestinal bleeding. 隱血測試則顯示有否腸胃出血及其他相關疾病	✓	✓	✓	✓	✓
Dr. Follow Up Consultation (explanation of lab. results) (The second visit shall be completed within 3 months after the first visit) 醫生跟進會診 (解釋化驗報告) (第二次到診應在第一次到診後的 3 個月內完成)			✓	✓	✓	✓	✓
Report with Doctor's Comments 報告連醫生意見			✓	✓	✓	✓	✓
Please settle payment by cash or with a credit card. 請以現金或信用咭支付。							

Optional Tests at Extra Cost 附加檢查 另行收費

(only if taken as part of the above physical health check 須與上述任何一款健康檢查套餐同時參加)

Service Items 服務項目	Purposes 檢查目的	Code	Fee (HK\$)
Chest X-ray Examination 胸肺 X 光檢查	To detect abnormal shadow e.g.: tuberculosis or tumour. 查出如肺結核的不正常陰影	XRY210	\$270 / each 次
ECG 心電圖		PRC017	\$350 / each 次
Treadmill Stress Test 運動心電圖	To detect coronary heart disease. 冠心病等疾病測試	XRYI010	\$2,300 / each 次
Ultrasound Upper Abdomen incl. Liver, Gall Bladder, Kidneys, Spleen and Pancreas 超聲波上腹檢查包括肝、膽、腎、脾及胰	To identify lump in Liver, Gall Bladder, Kidneys, Spleen and Pancreas. 可測定肝、膽、腎、脾及胰是否有腫瘤	XRYI001	\$1,650 / each 次
Ultrasound Breast 乳房超聲波	To identify breast lump. 可測定乳房是否有腫瘤	XRY133	\$1,500 / each 次
Pelvic Ultrasound (transabdominal) (Female) 盆腔超聲波檢查(經腹部) (女性)	To identify lump in the pelvis. 可測定盆腔是否有腫瘤	XRY274	\$1,400 / each 次
Mammogram (Female) 乳房 X 光造影(女性) (NOT recommended for female under 40 醫生不建議 40 歲以下女士接受乳房 X 光造影檢查)	To identify breast lump. 可測定乳房是否有腫瘤	XRY163	\$1,500 / each 次
Prostate Ultrasound (transabdominal) (Male) 超聲波前列腺檢查(經腹部) (男性)	To detect any abnormal growth at the prostate. 可測定前列腺是否有異常情況	XRY137	\$1,250 / each 次
Fibroscan of Liver + CAP 無創肝臟檢測	To measure the degree of liver fibrosis and fatty liver. 可測量肝纖維化和脂肪肝的程度	XRYI286-C	\$800 / each 次
Bone Density Screening - DEXA (hip & spine) 骨質密度普查-DEXA 雙能量 X 光吸收測量(髖關節及腰椎)	To identify the risk of Osteoporosis so as to prevent the risk of bone fracture. 可測試骨質疏鬆症，以便減低骨折的機會	XRY169	\$1,200 / each 次
Cancer Screening 癌標法	Purposes 檢查目的	Code	Fee (HK\$)
Pap Smear (Thin Prep Pap Test) (Female) 巴氏塗片檢查(女性)	To identify the risk of cervical cancer. 檢驗是否患有子宮頸癌的可能	LABB13	\$320 / each 次
Pancreas CA 19.9 胰臟癌 CA19.9	To identify the risk of pancreas cancer. 檢驗是否有胰臟癌的可能	LABR06	\$450 / each 次
Ovary (Female) CA 125 卵巢癌 (女性) CA125	To identify the risk of cancer in ovary. 檢驗是否患有卵巢癌的可能	LABR07	\$450 / each 次
Breast (Female) CA 15.3 乳癌 (女性) CA15.3	To identify the risk of breast cancer. 檢驗是否患有乳腺癌的可能	LABR05	\$450 / each 次
Prostatic Specific Antigen (Male) 前列腺癌抗原(男性)	To identify the risk of prostate cancer. 檢驗是否患有前列腺癌的可能	LABR65	\$450 / each 次
EB Virus Antibody NPC 鼻咽癌 NPC	To identify the risk of nasopharyngeal cancer. 檢查是否患有鼻咽癌的可能	LABH33	\$450 / each 次
Alpha-fetoprotein (AFP) 甲種胎兒蛋白	To identify the risk of liver cancer. 檢查是否患有肝癌的可能	LABR02	\$330 / each 次
CEA(Colorectal) 癌胚抗原(腸)	To identify the risk of colorectal cancer. 檢驗是否患有結腸癌的可能	LABR09	\$430 / each 次
Stool DNA Test 大便核酸病變檢測 (COLOTECT™)	是一項非入侵性、高靈敏度大腸癌及其癌前病變篩查檢測，通過對大樣本中從腸道自然脫落的 DNA 進行提取，採用“多重甲基化特異性聚合酶鏈式反應”技術進行檢測，對三個大腸癌標記基因 (SDC2、ADHFE1、PP2R5C)的甲基化水準進行評估，從而判斷受檢者罹患大腸癌、癌前病變或癌症的風險。目前已經獲得衛生署表列註冊批准，其對大腸癌檢測 sensitivity 88%; specificity 93%; 對於發現癌前病變 (癌肉/進展期腺瘤、廣基齒狀病變及其他伴有高級別上皮內瘤變的病變) 亦有相當高的靈敏度 (Sensitivity 46%)，與傳統的大便隱血測試 (FIT) 相比具有更高的靈敏度，而且不會受到痔瘡、肛裂等因素影響。同時採樣前亦可如常飲食，無需服用輕瀉劑，過程方便簡單。	LABS28	\$1,500 / each 次
Hepatitis Screening 肝炎測試	Purposes 檢查目的	Code	Fee (HK\$)
Hep. A Virus Antibody-IgG 甲型肝炎抗體 IgG	To check hepatitis infection or immunity status before vaccination as necessary. 透過驗血檢查，知道自己是否已感染肝炎或已免疫。根據檢驗結果，如有需要可接受疫苗注射	LABR21	\$310 / each 次
Hep. B Surface Antigen & Surface Antibody 乙型肝炎表面抗原及抗體		LABR52	\$440 / each 次
Other tests 其它檢查	Purposes 檢查目的	Code	Fee (HK\$)
HIV Ag/Ab Combo Test 愛滋病毒抗原及抗體組合	To detect infection by HIV that causes AIDS. 測試是否已感染人類免疫缺陷病毒。該病毒破壞多種淋巴細胞，導致身體免疫失調	LABD71	\$440 / each 次
Uric Acid 尿酸	To check uric acid level. Increased uric acid level may lead to gouty arthritis, joint pain and deformity. 若長期尿酸偏高，則可能引起痛風症而導致關節疼痛及變形	LABC58	\$110 / each 次
T4 (aged over 60) 甲狀腺素 (超過 60 歲)		LABR44	\$240 / each 次
TSH 促甲狀腺激素	To identify thyroid diseases, e.g., hyper- or hypo-thyroidism. 可測試甲狀腺分泌功能不調所致的疾病	LABR46	\$390 / each 次
Free Thyroid Group Test 甲狀腺組合測試 - Free T3, Free T4, TSH		LABG45	\$760 / each 次
PlasmarkAD blood test and eCogmark assessment test 阿茲海默症檢測及電子認知評估	To identify the risk of Alzheimer's disease through detecting the level changes of 21 proteins in blood 檢測血液中的 21 種蛋白質水平變化，精確預測罹患 AD 風險並評估 AD 病況 Who needs the test 甚麼人士適合檢測: • Have family or medical history of Alzheimer's disease 有阿茲海默症家族或個人病史 • Have family or past history of stroke 曾經中風或家族有中風病史 • Have hypertension, hyperlipidemia, or high blood sugar 患有高血糖、高血壓、高血脂 • Have experience of memory decline 記憶力下降 • Suffering from cognitive decline 認知能力下降	LABD604	\$7,280 / each 次