

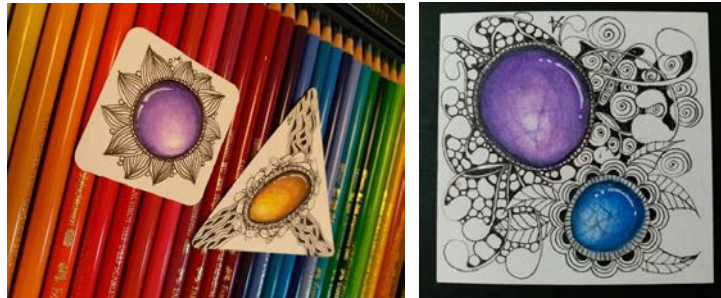


# 香港中文大學職員協會

## 禪繞專題班(寶石課)

禪繞藝術 (Zentangle®) 是源自美國 Rick & Maria 夫婦始創的一種簡易繪畫方法，利用結構性圖案來創作。「一筆一畫，無限可能。」禪繞是一場筆與紙的自我對話，發現更多未知的自己。不需任何繪畫技巧，沒有對與錯，沒有美與醜，只需筆隨心轉，一筆一畫，療癒心靈，放鬆地繪出自己的世界。

你願意跟我體驗專注的一刻嗎？讓自己休息一下吧，參加禪繞畫認證導師 Amy Wong 的禪繞專題課！



導師 Amy Wong (禪繞畫認證老師 CZT Asia #2) 畫作

課程內容:	專題課_禪繞寶石課 ZenGems
日期:	20/8 - 10/9/2025 (星期三)
時間:	中午 1:00 - 2:00
地點:	富爾敦樓 310 室
學費:	會員/退休會員/家屬:\$500 非會員:\$550
截止日期:	13/8/2025
備註:	材料工具一套 (價值 HK\$100)，上課時繳交 (包括: 黑色針筆#01 一支, 鉛筆一支, 紙擦筆一支, 圓磚, 方磚)
適合對象:	無需任何繪畫基礎! 無論您是初學者, 還是擁有藝術經驗的愛好者, 都可以通過這堂課找到您的藝術節奏。

查詢: 林小姐 電話: 3943 0806 傳真: 2603 6363 (辦公時間: 星期一至五 上午十一時至下午六時)  
WhatsApp: 9188 8758 電郵: staff-association@cuhk.edu.hk

### 「禪繞專題班(寶石課)」 - 報名表格

本人擬參加香港中文大學職員協會主辦之四季禪繞專題課。

- 付款方法:
1. 郵寄支票 支票抬頭「香港中文大學職員協會」, 連同訂購表寄中大職協會址 (富爾敦樓 308 室) 或
  2. 銀行入數 恆生銀行帳戶名稱/號碼: STAFF ASSN OF CUHK/293-282828-002  
請將銀行入數收據紀錄及報名表格透過下列方法遞交至職協:  
\*WhatsApp: 9188 8758 或 \*傳真: 2603 6363 或 \*電郵: staff-association@cuhk.edu.hk
  3. 繳付現金 請交回富爾敦樓 308 室職協會所林小姐辦理。

會員/家屬姓名: \_\_\_\_\_ 會員編號: \_\_\_\_\_

部門: \_\_\_\_\_ 聯絡電話: \_\_\_\_\_

現金/支票/轉帳(號碼: \_\_\_\_\_) 日期: \_\_\_\_\_

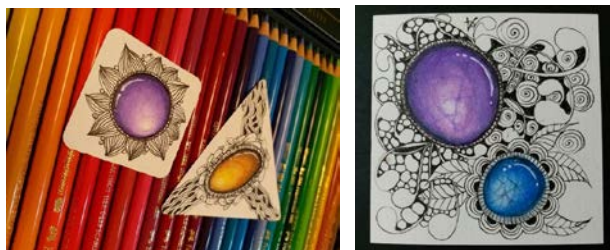
電郵: \_\_\_\_\_



## Staff Association of The Chinese University of Hong Kong

# Zentangle - Special Topic Class (ZenGems)

"Anything is possible, one stroke at a time." Zentangle® allows the talk between you and your heart. No worry about your drawing skills, no right or wrong. Just simply relax and let your hand following your heart, it can lead you to the wonderful artwork. Welcome you to enjoy the zentangle creativity, come to join Ms. Amy Wong's "Special Topic Zentangle® Class"!



### Zentangle artworks drawn by Ms. Amy Wong (CZT Asia #2 Certified Instructor)

Course Content:	<b>Special Class_ZenGems</b>
Date:	<b>20/8 - 10/9/2025 (Wednesday)</b>
Time:	13:00 – 14:00
Venue :	Room 310, John Fulton Centre
Tuition Fee:	<b>Member/Retired Member/Family Member:\$ 500 Non Member:\$550</b>
Deadline :	13/8/2025
Remarks:	<b>1 set of drawing kit (HK\$100 in value, pay in the first class)</b> (including: micron #01, pencil, blending stumps, white paper tiles)

For enquiry: Ms. Lam Tel: 3943 0806 WhatsApp: 9188 8758 Fax: 2603 6363  
(Office Hours : Monday to Friday 11:00 am - 6:00 pm)

### “Zentangle - Special Topic Class (ZenGems)” – Enrollment Form

**I intend to participate the Zentangle - Special Topic Class organized by the CUSA.**

#### **Payment Method :**

- Pay by Cheque** Pls send a crossed cheque (payable to “Staff Association of the CUHK”) to Room 308, John Fulton Centre *OR*
- Bank Transfer** Hang Seng Bank Account Name/No. : **STAFF ASSN OF CUHK/293-282828-002**  
Pls send us the payment record and enrollment form by :  
**WhatsApp : 9188 8758 OR Fax : 2603 6363 OR Email : staff-association@cuhk.edu.hk**
- Pay by Cash** Pls pay cash to Ms. Lam at CUSA office (RM 308, John Fulton Centre).

Member Name: \_\_\_\_\_ Member No. : \_\_\_\_\_

Dept. : \_\_\_\_\_ Tel: \_\_\_\_\_

Cash/Cheque/Bank-in(No : \_\_\_\_\_) Date : \_\_\_\_\_

Email: \_\_\_\_\_